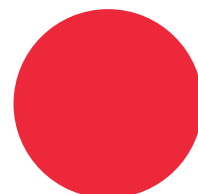


Local Drug Action Teams.

A game-changer in the prevention and minimisation of the harms caused by alcohol and other drugs in Australia



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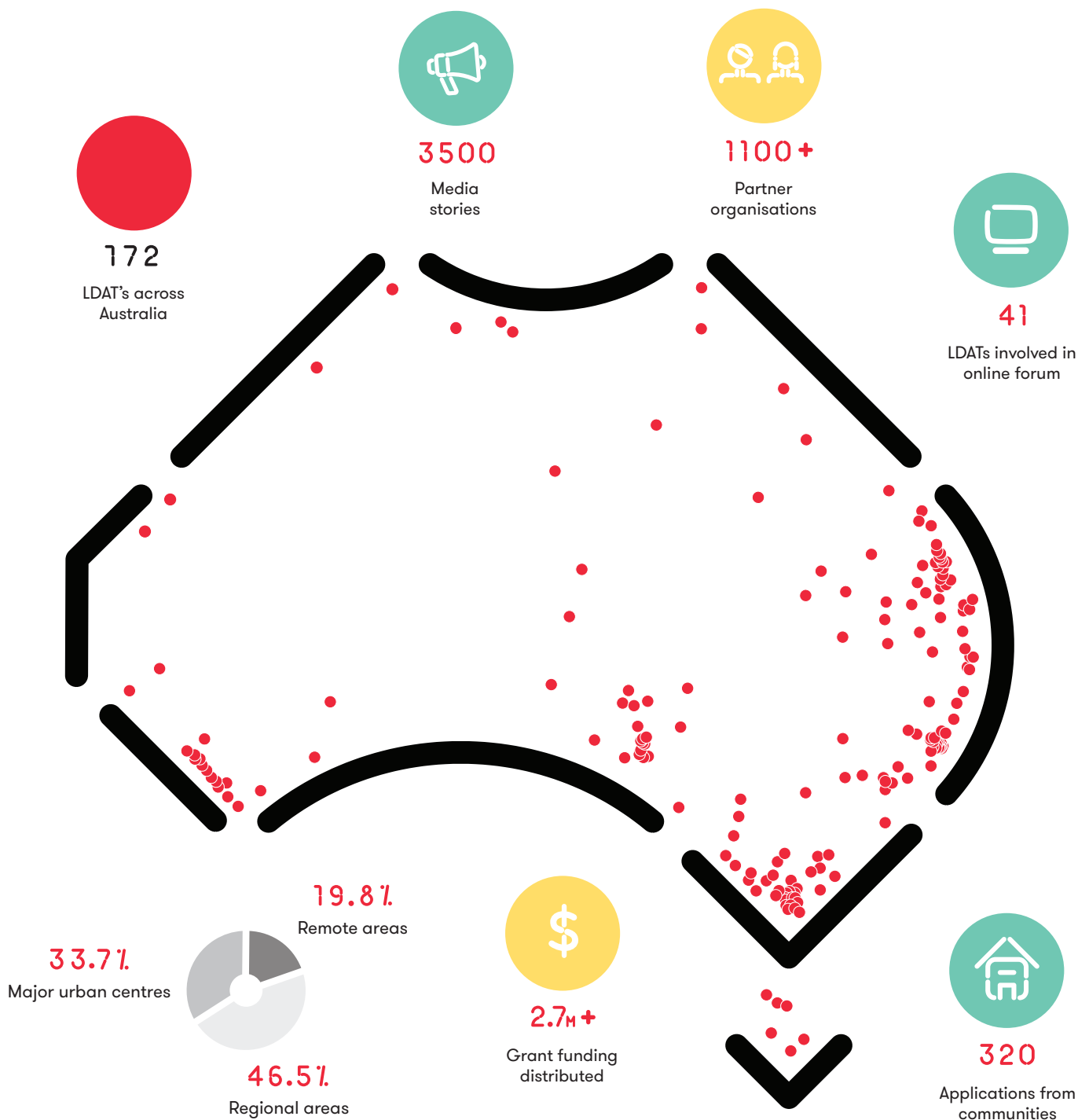
Local Drug Action Team Program

Local Drug Action Team Program.

Building community-led action across Australia

The Local Drug Action Team (LDAT) Program supports communities to prevent and reduce the harmful effects of alcohol and other drugs. Local teams often include representatives from schools, health networks, police, community groups, business and local government.

Australia's 172 LDATs are supported to develop their own Community Action Plan to address local issues. These tailored plans centre on one or more evidence-informed activities and are produced with guidance and resources provided by the Alcohol and Drug Foundation.



Strengthening Aboriginal and Torres Strait Islander communities.

One in five LDATs has identified activities specifically within Aboriginal communities

Redtails Pinktails Right Tracks (NT)

Led by Central Australian Aboriginal Congress and the Central Australian Football Club, partner organisations include Karen Sheldon Catering and AFL Central Australia.

The Right Tracks Program is engaging 2,000 young Aboriginal people across remote Central Australian communities.

Key activity

Primary prevention targeting 2,000 Indigenous young people through sporting clubs.

Sport is a powerful way to reduce harm

The Redtails Pinktails Right Tracks LDAT is taking a holistic approach to preventing alcohol and other drug-related harm among young people in Central Australia. It's achieving this by working on improving young people's health and wellbeing, fostering their leadership and personal development, lifting their employment skills and opportunities, and furthering community connections through sport.



Redtails Pinktails activities have included:

- delivering community-based alcohol and other drug awareness activities and supporting healthier sporting club environments through Good Sports
- strengthening employment pathways and vocational skills for young people
- delivering 'Swimming the River' leadership development with inmates from the Alice Springs Correctional Centre.

Strong Aboriginal Families in Eidsvold LDAT (Qld)



Tackling unemployment through micro-enterprises is strengthening Aboriginal cultural practice, connectedness and sense of belonging.

Engaging in Charleville (Qld)

Engaging young people and lifting self-esteem through skills development, NRL-star visits and guest speakers.

Preventing drug misuse among young people.

80% of LDATs are working with young people in their local communities

Blue Mountains LDAT (NSW)

Led by Blue Mountains City Council, partner organisations include Mountains Youth Services Team, and Platform Youth Services.

In a tremendous example of the developing LDAT community of practice, the Blue Mountains LDAT was supported by the Bankstown LDAT when establishing its activities.



Key activity

Youth peer-to-peer support.

Community identified need

Community consultation identified factors as varied as poor employment prospects, trauma from bushfires, and the inaccessibility of local services and amenities resulting from infrequent public transport as contributing to the alcohol and other drug-related issues facing 12-17-year-olds in the region.

The LDAT is working with local young people on a series of peer led activities that:

- strengthen the knowledge, skills, confidence, resilience and positive social connections of both peer educators and their target audience
- deliver alcohol and other drug-related prevention and minimisation messages for young people using online and face to face forums
- recruit and train 12 peer leaders and connect them to young people in need.

Creating connection in Frankston (Vic)



Covering tuition, transportation and equipment, 15 partners organisations are removing barriers and buddying at-risk youth to 'ACTIVATE' participation in a range of community activities.

Stronger Outcomes for Youth (NSW)

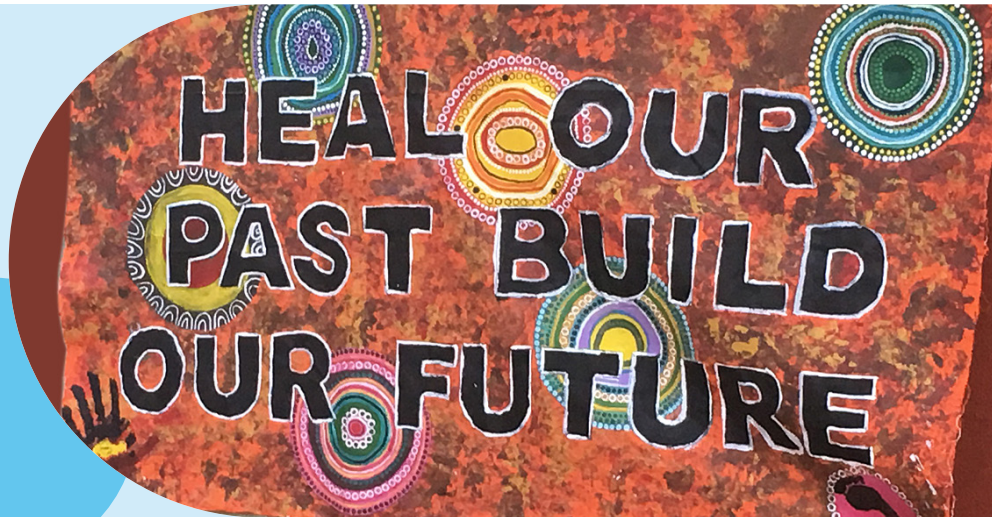
Providing personal development to disconnected young people through peer support and education.

Addressing drugs of concern including 'ice'.

80% of LDATs are focusing on preventing misuse of crystal methamphetamine 'ice'

Mt Druitt (NSW)

Led by Baabayn Aboriginal Corporation, partner organisations include Wentwest Primary Health Network and Blacktown City Council.



'Mt Druitt Says No to Ice' events have attracted more than 3,000 people.

Key activity

Developing a healing and belonging hub as a resource for Aboriginal individuals and families in the greater Mt Druitt area.

Belonging and education reduce harm

As an inaugural LDAT, the Mt Druitt Aboriginal LDAT hosted a Healing Forum to help Aboriginal communities engage directly with local groups to increase understanding, build local partnerships, and identify issues and opportunities. Successful 'Mt Druitt Says No to Ice' days, attracting about 3,000 people have helped

raise community awareness, skills and commitment to address drug issues in the Mt Druitt area.

The LDAT is now planning to support young Aboriginal people and key youth leaders to participate in a First Nations youth summit and to continue education through the 'Mt Druitt Says No to Ice' campaign. It will also provide local Aboriginal people with opportunities to learn skills for breaking damaging patterns of behaviour and to focus on positive outcomes for themselves, families and communities.



Raising awareness of alcohol misuse in Mandurah (WA)

Working with Deakin University to reduce supply, and educate on the harms of alcohol among Year 8 and 10 students and their parents.

Reducing stigma in Wangaratta (Vic)

Addressing stigma around alcohol and other drugs is creating a path to reduce misuse.

Support across our communities.

One in 10 LDATs is undertaking activities in culturally and linguistically diverse communities

African Companions (NSW)

Led by Drug and Alcohol Multicultural Education Centre in Blacktown, partner organisations include Community of South Sudanese and Other Marginalised Area Associations, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors, and Family Drug Support (NSW).



Young people from 11 countries have participated in peer mentor training.

Key activity

Peer mentoring for young people from culturally and linguistically diverse (CALD) backgrounds that supports links to employment.

Overcoming unique risk factors

CALD communities experience unique risk factors arising from migration, resettlement, refugee trauma and acculturation that may lead to the misuse of alcohol and other drugs including 'ice'.

This LDAT has successfully facilitated two peer mentor programs for young people with CALD backgrounds.

Peer educators are supported to deliver culturally appropriate community education and skills building activities to their community.

The program focuses on:

- increasing community knowledge around alcohol and other drug misuse
- enhancing people's ability to prevent alcohol and other drug harms
- linking participants with employment opportunities.

Young people from 11 countries have participated in peer mentor training, with a number gaining employment as a result. The LDAT is also creating a stronger community for young people with an event featuring African dance groups, video clips, and recognising peer mentors with awards. A soccer tournament will also take place to further engage young people in structured, supervised community activities.

Our Youth Matters Project in Brisbane (Qld)

Working in the greater Brisbane region to prevent alcohol and other drug harms among young people with an asylum seeker or refugee background.

Building knowledge and awareness (SA)

The Hoi Sinh LDAT is adapting existing evidence-informed programs to reduce alcohol and other drug misuse within African and Asian communities.

Creating stronger, safer communities.

Strengthening protective factors including child safety, resilience and family wellbeing is a key theme for many LDATs

Hepburn LDAT (Vic)

Led by Hepburn Health Service, partner organisations include Highlands Local Learning and Employment Network Incorporated, Ballarat Community Health, Daylesford Secondary College, and Hepburn Shire Council.



One student asked his parents to postpone their family holiday so he could participate fully in the program – they did!

Key activity

The Hepburn LDAT is up-skilling and improving the mental wellbeing of young people in the Hepburn community.

Employment is a key protective factor

Protective factors including secure employment are central to preventing and minimising the harm caused by alcohol and other drugs.

Hepburn LDAT activities are improving access to education and skills development for young people at risk of disengaging from formal education. Their

19-week program focuses on building tourism and hospitality skills that increase their employability, whilst also building confidence, health knowledge and social connections.

“The Cook, the Chef and Us” program works with a local restaurant to teach students to work as a chef and in customer service. Participants also create a resume and undertake job interview training as part of the program. Students have developed the invitations and menu for their own graduation and will cook and serve their guests as part of the celebration.

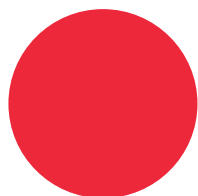
Resources being shared between small towns by Limestone Coast LDAT (SA)



Having access to the ADF’s ‘Education in Schools’ toolkit and webinar has meant less time spent developing their own school-based education activities.

Developing practical tools for university students in WA

A toolkit and training for university colleges to prevent and minimise alcohol misuse at campus events.



Preventing and minimising harm from alcohol and other drugs including 'ice'.

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